



# Marijuana (THC) in Pregnancy TOOLKIT



QR Code to electronic Toolkit

For women who are pregnant or breastfeeding, the safest choice for their baby is to avoid marijuana (THC).

The AMERICAN ACADEMY OF PEDIATRICS (AAP) Recommendations.



Quitting marijuana, or even cutting down, will keep your baby safe from the effects of marijuana, which research is showing can effect your baby's development.

## Tips To Quit

A brochure to guide a discussion on quitting and cutting down on the use of marijuana, in any form, during pregnancy. The brochure is available in ENGLISH and SPANISH

## Videos for Education

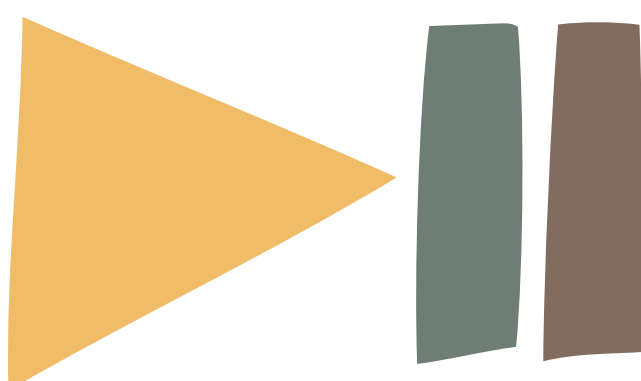
Trauma, SUD, and the Brain.

An integrated approach to understanding behaviors & implementing trauma-informed care for healthcare professionals.

SAMHSA's Marijuana – Is it safe during pregnancy or breastfeeding?

McMasters University & Drug-Exposed Infants Committee

Influence of Marijuana During Pregnancy.



## Finding Local Resources

Interactive Community Resource Tool

A website with a wide variety of resources available in Kent County for pregnant & parenting families.

MI Recovery.

A website with provider resources, information, and encouragement for women becoming a mother in recovery from substance use disorder.

## Educational Materials

ACOG Marijuana and Pregnancy Infographic

Educational aid when talking about marijuana use during pregnancy & breastfeeding.

Breastfeeding and Marijuana

Centers for Disease Control & Prevention

